

Highwood Public Schools Acceptable Treat List

Updated August 2024

**\*Regardless of being on this list, read every label, every time as ingredient labels change frequently.**

**\* Nut free needs to be BOTH Peanut & Tree Nut free, some labels are only one or the other.**

Acceptable Nut Free Granola Bars:

Nature's Bakery, multiple flavors:



Made Good Granola Bars:



Enjoy Life, multiple flavors:



Newtons Fig Bars



Little Bites Muffins



Red Plate Foods (Free of all allergens)



Ice Cream:

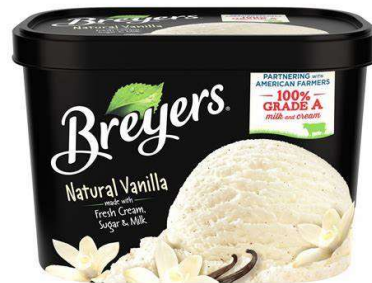
Oat-Ly! – Multiple Flavors

(Dairy and Nut Free)



Breyers Natural Vanilla

(Only Natural Vanilla is Nut Free)



Cookies/Cupcakes

Lofthouse Cookies multiple flavors and styles:



Granny B's Bakery Fresh Cookies



Bakery Bling Designer Cookies



Two-bite original cupcakes: Multiple flavors



Two- bite cinnamon rolls:

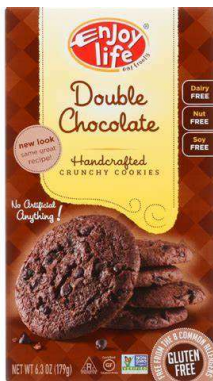


Superior on Main Cookies: Multiple Flavors



Enjoy Life Cookies, multiple flavors:

\*Also has gluten free options



Popsicles:

Monster Cherry Pops, multiple flavors    Outshine Fruit Bars

Crayola Popsicle Scribblers



Candy:

Charleston Chew



Sugar Babies



Junior Mints



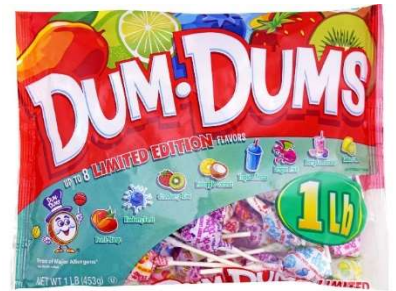
Junior Caramels



Tootsie Rolls



Dum-Dums



Andes Mints



Airheads & Airhead Bites:



Airhead Xtremes Bites:



Blow Pops



Dots



Tootsie roll pops



Crackers/Chips/Snacks:

Goldfish crackers:



Cheeze-It



Unfrosted Animal Crackers



Nilla Wafers



Snyder's Pretzels (multiple flavors)



Boom Chicka Pop (Multiple Flavors)



Lays Potato Chips



Fritos



Dole Fruit Cups



Mott's Fruit Snacks:



Annie's Snacks:



Drinks:

Honest Kids



Caprisun



Gatorade



Minute Made



Hi-C



Fresca



Pepsi Products



Coke Products



**UNCUT Whole Fruit:**

Uncut Bananas



Mini Oranges



Whole Uncut Apples



Common Safe Symbols:



**\*When relying on these symbols you must still read the ingredient label AND verify that it is produced in BOTH Peanut and Tree Nut Free facilities. It is common to be safe from one or the other and not both and then a known allergen may be present.**